



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Brenda Elsagher

Travels from: **Minnesota**

Fee Range: **\$5,001 - \$7,500**

Embracing 40 with gusto, Brenda began her comedy, writing, and speaking career, and found a message using humor that resonates with every audience she meets. She has spoken to leaders of eight and to crowds of thousands, and every size in between! Her content is rich in the science of humor and how the way it's used can benefit both the workplace and daily life.

An entrepreneur for over 20 years, her skills as a small business owner sharpened her sense of humor which created an atmosphere that was fun and dynamic for clients and staff. Marriage, motherhood, and mayhem as she dealt with unexpected challenges, shaped more life experiences. She shares these perspectives with candid humor that her audiences find refreshing. Fascinated by the human spirit, and a collector of stories, Brenda interacts with the audience and delivers new ways of thinking about courageous conversations on humor, health and happiness. She understands first-hand the struggles of not enough hours in the day, parenting, owning a business, cancer, weight loss, weight gain, and the havoc all these challenges can create with self-esteem, health, serenity, and mismatched socks.

"Balance," she says, is "overrated!" Brenda's philosophy is to "find something to laugh about so everything's easier to get through!" Her stories are filled with hope, hilarity, healing; encouraging audiences to embrace their lives in this moment with all its imperfections while daring to envision more. Brenda's style of delivery is conversational and leaves the audience feeling the positive effects of an honest chat with a good friend.

If you want a speaker that can relate to your group and provide a mixture of entertainment and education contact us today!

Most Requested Programs...

- Joy Through The Journey
- Humor and Healing from the Patient's/Caregiver's Perspective
- Life, Lessons, & Laughter
- Your Glasses Are On Top of Your Head